

Youth regulations of Deutscher Judo Bund e.V.

2024

	U11	U13	U 15	U 18 / 21
Minimum graduation	8. Kyu⁴⁾	8. Kyu⁴⁾	7. Kyu	7. Kyu
Competition: girls vs. boys	allowed	allowed	forbidden	forbidden
Right to start at championships ¹⁾	Germans ²⁾ EU foreigners ²⁾ no EU foreigners ^{2), 3)} Stateless persons ^{2), 3)}	Germans ²⁾ EU foreigners ²⁾ no EU foreigners ^{2), 3)} Stateless persons ^{2), 3)}	Germans ²⁾ EU foreigners ²⁾ no EU foreigners ^{2), 3)} Stateless persons ^{2), 3)}	Germans ²⁾ EU foreigners ²⁾ no EU foreigners ^{2), 3)} Stateless persons ^{2), 3)}
Penalties	according to IJF refereeing rules	according to IJF refereeing rules	according to IJF refereeing rules	according to IJF refereeing rules
Procedure for prohibited acts in the case of tactical infringements (inactivity, blocking, etc.)	Mate / Sono-mama Explanation -> Shido	Mate / Sono-mama Explanation -> Shido	Mate / Sono-mama Explanation -> Shido	according to IJF refereeing rules
Kumi-Kata regulations & one foot/both feet outside rule (2013-2016)	No application	No application	full application	full application
Shime-Waza: Strangle techniques in Ne-waza	forbidden 5), 6) MATE Explanation Repetition SHIDO	forbidden 5), 6) MATE Explanation Repetition SHIDO	forbidden 5), 6) MATE Explanation Repetition SHIDO	according to IJF refereeing rules ⁷⁾
Kansetsu-Waza: Armlocks in Ne-waza	forbidden 5), 6) MATE Explanation Repetition SHIDO	forbidden 5), 6) MATE Explanation Repetition SHIDO	allowed	according to IJF refereeing rules
Tani-Otoshi as well as similar counter-techniques	no score ⁸⁾	no score ⁸⁾	allowed	according to IJF refereeing rules
Landing on one knee or both knees at the start of the throw Only Drop-Seoi-Nage / Seoi-otoshi etc. is interrupted A fall down through block or coming down during the throw is allowed and can be scored.	forbidden 5), 6) MATE Explanation Repetition SHIDO	forbidden 5), 6) MATE Explanation Repetition SHIDO	forbidden 5), 6) MATE no punishment	according to IJF refereeing rules
Diving techniques f.e. Laats techniques, etc. when diving under the center of gravity of the opponent while passing the grip (allowed are classical techniques such as Uki-Waza, Yoko-Otoshi)	forbidden 5), 6) MATE Explanation Repetition SHIDO	forbidden 5), 6) MATE Explanation Repetition SHIDO	forbidden 5), 6) MATE no punishment	according to IJF refereeing rules
Grip in/around neck with grip of the Judogi respectively Grip over shoulder or arm on the back (If grip happens about when Uke reaches under the arm, it shouldn't be stopped. Actions resulting from this are valid. MATE ⁹⁾ must be announced in the event of a standstill or frontal position.)	forbidden 5), 6) MATE Explanation Repetition SHIDO	forbidden 5), 6) MATE Explanation Repetition SHIDO	allowed	according to IJF refereeing rules
Grip around neck without grasping Judogi with this hand	forbidden 5), 6) MATE Explanation Repetition SHIDO	forbidden 5), 6) MATE Explanation Repetition SHIDO	forbidden 5), 6) MATE Explanation Repetition SHIDO	according to IJF refereeing rules
all counter-turning techniques against throwing techniques	no score ⁶⁾	no score ⁶⁾	no score ⁶⁾	according to IJF refereeing rules
"Reiter techniques" / "Ungavari turn" as well as techniques that are similar in mode of action	forbidden 6), 10) MATE Explanation Repetition SHIDO	forbidden 6), 10) MATE Explanation Repetition SHIDO	forbidden 6), 10) MATE Explanation Repetition SHIDO	according to IJF refereeing rules
Closing the legs in Sankaku-gatame	forbidden 6), 10) MATE Explanation Repetition SHIDO	forbidden 6), 10) MATE Explanation Repetition SHIDO	allowed for Osae-Komi and Kansetsu-Waza	according to IJF refereeing rules
The re-binding or arranging of the belt or hair is each allowed once per competition.	No application	No application	second time MATE Explanation Repetition SHIDO	second time MATE SHIDO
irregular Judogi ¹¹⁾ / Sokuteiki control	changing the Judogi	changing the Judogi	changing the Judogi	1 x changing the Judogi repetition: HSM ^{12), 13)} (from group level: immediately HANSOKU-MAKE)
Application of article 20 of the IJF refereeing rules ²¹⁾ (injury/illness/accident)	Special arrangements for young people ¹⁴⁾	Special arrangements for young people ¹⁴⁾	Special arrangements for young people ¹⁴⁾	according to IJF refereeing rules ²¹⁾
Procedure for HANSOKU-MAKE ¹³⁾ because of "diving" or intentional defense with the head (Bridge is Ippon)	Exclusion from the event ¹⁵⁾	Exclusion from the event ¹⁵⁾	Exclusion from the event ¹⁵⁾	according to IJF refereeing rules
OSAE-KOMI at the edge of the mat	Tori and Uke lose contact with contest area: MATE (possibly score)	according to IJF refereeing rules (Ippon when leaving the competition area)	according to IJF refereeing rules (Ippon when leaving the competition area)	according to IJF refereeing rules
Procedure for weighing (protection of young people under 18 years)	m: 100g Tolerance Weighing in underpants f: 100g Tolerance Weighing in underpants + T-Shirt	m: 100g Tolerance Weighing in underpants f: 100g Tolerance Weighing in underpants + T-Shirt	m: 100g Tolerance Weighing in underpants f: 100g Tolerance Weighing in underpants + T-Shirt	m: 100a Tolerance ¹⁶⁾ Weighing in underpants f: 100a Tolerance ¹⁶⁾ Weighing in underpants + T-Shirt
Control at the scales	valid passport with contribution mark ¹⁷⁾ (MM: Release for FS)	valid passport with contribution mark ¹⁷⁾ (MM: Release for FS)	valid passport with contribution mark ¹⁷⁾ (MM: Release for FS)	valid passp. w. c m ¹⁷⁾ + combat license ¹⁸⁾ (MM: release for FS)
Regular competition time	2:00 minutes	3:00 minutes	3:00 minutes	4:00 minutes
Break between fights	is decided by the national federation	is decided by the national federation	6 minutes	10 minutes
Golden score system	No application (right away HANTEI)	No application (right away HANTEI)	3 minutes (following HANTEI)	no time limit
Contest area	Minimal combat area	5 m * 5 m	5 m * 5 m	5 m * 5 m ¹⁹⁾
	Maximum combat area	8 m * 8 m	8 m * 8 m	10 m * 10 m
	Safety area around the combat area	2 m ²⁰⁾	3 m ²⁰⁾	3 m ²⁰⁾
	Safety area between two combat areas	3 m	3 m	3 m

Comments

- 1) Nationality can be found in the Judo passport
- 2) In the last 12 months, no start-up right for a foreign club/association
- 3) Those who have been based in Germany for at least one year and are members of a judo club of the respective national association (obligation to prove this) - **does not apply to the U21**
- 4) Anyone who takes an exam according to the old examination system (attention: examination mark in the judo passport) for the 8th Kyu may start at a U11 or U13 measure. Those who have been awarded the 8th Kyu according to the new graduation system (attention: number in the judo passport) are not allowed to start.
- 5) If Uke is incapacitated by the action, Tori loses the fight in accordance with Article 20.
- 6) The technique is not to be regarded as KINSA, attack, activity or positive judo in Hantei decisions.
- 7) For all events: If Shime-Waza causes unconsciousness, the unconscious fighter is excluded for the rest of the competition day
- 8) The continuation into Ne-waza is allowed.
- 9) See IJF unorthodox grasping
- 10) No consideration of a possible Osae-Komi time
- 11) For the U11 and U13, the Judogi measurements of 2015 (see DJB Combat Rules of 2015 pages 6 and 7) can be applied. From the U15 upwards, the Judogi measures of the IJF from 2022 apply with a transitional period within the DJB until 31.12.2024 (until then the old measures also be applied). The width of the back seam is not controlled in the area of the DJB. At EJU/IJF level, official backpatches are required, as well as at all German championships from the U21 as well as in the Bundesligas
- 12) This direct HANSOKU-MAKE follows the exclusion from the rest of the competition day due to the intention of deception.
- 13) In the case of a direct Hansoku make, the judoka does not lose his placement (or qualification to the next level). This can only be done on the basis of a decision of the competition management in the case of deliberate unsportsmanship.
- 14) Bleeding injuries may be treated twice (unless it is a new injury). / The doctor may twice do an examination on the mat. (In case of injuries to the head or spine, this examination is not counted.)
- 15) Even in league events the competitor is excluded for the rest of the competition.
- 16) In the U21 the tolerance of 100g and the wearing of underpants (m/f) plus T-shirt (f) does not apply from the age of majority
- 17) The contribution mark for the current year must be presented from 1st March. The contribution mark of the past year must be presented beforehand.
- 18) The competition license (WKL) must be presented at all official championships from group level. The WKL of the current year has to be presented as of 1st March of the current year. The WKL of the past year must be presented beforehand. Proof is made either via the online message in the DJB judo portal or by the athlete himself through an internet-enabled device on site.
- 19) 7 m * 7 m at the U21
- 20) The distance to a solid object must be at least 0.5 m.
- 21) Deviating from the doctor, the regulation refers to the specialist staff deployed on site